## Section C - General Health

C1. In general, would you say your health is. . .?

(Mark <u>one</u> respon	se only)
	Excellent   Very good   Good   Fair   Poor
C2. When was the las about any illness (Mark one respons	
	Within the last 3 months
More than 3, bu	it within the last 6 months
More than 6, but	within the last 12 months
	More than 12 months ago
Have	never consulted a doctor
iast 12 months? (Write in the number (e.g. 1,3,10) or mate)  Number hospital i	er of times in whole numbers rk the box "Not admitted" as  of times admitted to n the last 12 months  to hospital in the last 12 months
when you were fe medications origi recommended by someone else, wh	ed someone else's medication eling unwell? (e.g. you used nally prescribed or a health professional formen you had similar symptoms)  No (Skip to C6)
C5. Which medication	ns originally prescribed or r <u>someone else</u> have you used i <u>s</u> when you were
	Pain killers/Analgesics
Tra	anquillisers/Sleeping pills

Asthma medications

None in the last 12 Months

Others

Herbal and alternative medicines, vitamin and mineral supplements, etc.  $\hfill\Box$ 

## ALL PLEASE ANSWER

C6. In the last 12 months have you been diagnosed or treated for. . .?

(Mark relevant boxes for each condition)

		No	Yes Diagnosed	Yes Treated
	Insulin dependent diabetes			
	Non-insulin dependent diabetes			
	Heart disease			
H	Hypertension (high blood pressure)			
Lo	w iron (iron deficiency or anaemia)			
	Asthma			
	Depression			
	Anxiety disorder			
	Schizophrenia			
	Bi-polar disorder			
	Other form of psychosis			
	An eating disorder			
Α	sexually transmitted infection (e.g. chlamydia, genital herpes)			
	Hepatitis B or C			
	Cancer (Please write in type)			
1				
Oth	ner major illness (Please write in type)			
2				

Reminder:			
×	Are you filling in the boxes correctly?		
	Are you shading the boxes fully for any mistakes?		

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'			1	'	
tired o	past 4 weeks, sout for no good one response o		C12. In the past 4 weeks, about how often did you fer so restless you could not sit still?  (Mark one response only)		
<b>A</b>		None of the time	None of the time $\Box$		
		A little of the time	A little of the time		
		Some of the time	Some of the time $\ \square$		
		Most of the time	Most of the time $\Box$		
		All of the time	All of the time $\Box$		
C8. In the past 4 weeks, about how often did you feel nervous?		•	C13. In the past 4 weeks, about how often did you feel depressed?		
(Mark <u>d</u>	one response or	nly)	(Mark <u>one</u> response only)		
		None of the time	None of the time $\ \square$		
		A little of the time	A little of the time $\ \square$		
		Some of the time	Some of the time $\ \square$		
		Most of the time	Most of the time $\Box$		
		All of the time $\Box$	All of the time		
C9. In the past 4 weeks, about how often did you feel so nervous that nothing could calm you down?  (Mark one response only)		ing could calm you down?	C14. In the past 4 weeks, about how often did you fee that everything was an effort?  (Mark one response only)	I	
~		None of the time	None of the time $\Box$		
		A little of the time	A little of the time		
		Some of the time	Some of the time		
		Most of the time	Most of the time		
		All of the time $\Box$	All of the time $\Box$		
C10. In the past 4 weeks, about how often did you feel hopeless?  (Mark one response only)		•	C15. In the past 4 weeks, about how often did you fee so sad that nothing could cheer you up?  (Mark one response only)	ı <b>Ç</b>	
		None of the time $\Box$	None of the time		
		A little of the time $\square$	A little of the time $\ \Box$		
		Some of the time $\square$	Some of the time		
		Most of the time	Most of the time $\ \square$		
		All of the time $\Box$	All of the time		
C11. In the past 4 weeks, about how often did you feel restless or fidgety?  (Mark one response only)			C16. In the past 4 weeks, about how often did you feel worthless?  (Mark one response only)		
·	_		•		
2		None of the time $\Box$	None of the time $\Box$		
١		A little of the time	A little of the time		
		Some of the time	Some of the time $\ \Box$		
		Most of the time	Most of the time $\Box$		
		All of the time	All of the time		

THE FOLLOWING SECTIONS CONTAIN QUESTIONS WHICH DEAL WITH ACTIVITIES WHICH MAY BE AGAINST THE LAW.

We remind you that only our survey team have access to your form, and once the survey data is compiled, your form will be destroyed.

Your name and address will never be linked with any of the information you provide.

Answers are completely confidential.

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You may telephone 1800 443 182 (a free call) to speak to an officer from the Australian Institute of Health and Welfare, who will confirm the data process for you.

If you do not wish to answer any question for whatever reason, you do not have to. Participation in this survey is entirely voluntary.

Just as a reminder, this survey is conducted under the AIHW Act, which prohibits the release of information about individuals collected from this survey. The information you provide in the following sections may appear to be self-incriminating, however, your individual information cannot be revealed — not even to the Police or to the Courts — and you will not be identified from the responses you provide.

## THANK YOU FOR YOUR PATIENCE AND YOUR HELP WITH THIS SURVEY