# Health system costs of cancer in Australia 1993–94

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# Health system costs of cancer in Australia 1993–94

An analysis of costs, service use, incidence and mortality by type of cancer

Colin Mathers, Ruth Penm, Rob Sanson-Fisher, Rob Carter and Elizabeth Campbell

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A joint report by the Australian Institute of Health and Welfare and the National Cancer Control Initiative of the Commonwealth Department of Health and Family Services Canberra

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Any enquiries: about or comments on this publication should be directed to:

Colin Mathers
Australian Institute of Health and Welfare
GPO Box 570
Canberra ACT 2601

Phone: (02) 6244 1138

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### **Preface**

This is a joint report of the Australian Institute of Health and Welfare (AIHW) and the National Cancer Control Initiative on the health system costs of cancer in Australia. The AIHW started the Disease Costs and Impact Study (DCIS) in 1992 with funding from the Health Advancement Program of the then Commonwealth Department of Health, Housing, Local Government and Community Services and from the National Health and Medical Research Council. Originally conceived as part of a broader approach to evaluation, and referred to as the Macro Economic Evaluation Model, it estimated the economic impact of specific diseases and disease groups in Australia in 1989–90, both in relation to direct costs to the health system and a range of indirect costs. The study also developed a set of summary measures of disease impact in terms of potential years of life lost and health service use.

In collaboration with the Centre for Health Program Evaluation at Monash University, the methodology has been revised and extended to permit allocation of over 90% of recurrent health expenditure to disease categories. The revised methodology was used to carry out a comprehensive accounting of disease costs across all chapters of the ICD-9 Classification of Diseases for the year 1993–94 (Mathers et al. 1998a). In updating cost estimates to 1993–94 data, the DCIS has focused on the direct costs of health services, so that the disease costings form a disaggregation of national health expenditure. Other disease costing reports to be published by the AIHW during 1998 include:

- Health System Costs of Diseases and Injury in Australia 1993–94
- Health System Costs of Cardiovascular Disease and Diabetes in Australia 1993–94
- Disease Costing Methodology used in the Disease Costs and Impact Study 1993–94.

The Commonwealth Government, through the Department of Health and Family Services, has contracted the Australian Cancer Society to develop the initial phase of a National Cancer Control Initiative (NCCI). The NCCI will provide a national focus in Australia's response to cancer, one of the five National Health Priority Areas. As part of the initial phase, the NCCI has developed a Priority Issues Discussion Paper. This draws on a range of information about the impact and costs of cancer in Australia, including the health system cost estimates reported here.

## **Summary**

Cancer costs the Australian community almost \$2 billion per year in direct health system costs, of which more than 80% are treatment costs. The estimated \$1,904 million health expenditure on cancer in 1993–94 represents 6% of total recurrent health expenditure. Cancer was responsible 33,176 deaths in 1993–94, or 27% of all deaths in Australia.

The cancer which contributes most to direct health system costs is non-melanoma skin cancer (NMSC), with estimated costs of \$232 million. Although only a small number of deaths are due to NMSC (379 in 1993), it dominates new cases, with over 243,000 in 1993 (78% of all new cancers). These cost estimates include health interventions for benign skin tumours and in-situ skin cancers, frequently aimed at excluding or preventing invasive cancer, as well as for invasive cancers.

Colorectal cancer is the second highest contributor to direct costs (an estimated \$205 million), ranks second in terms of cancer deaths (4,440 in 1993, 13% deaths), and ranks third in terms of new cases (9,538 cases in 1994). Breast cancer ranks third in terms of direct costs (\$184 million), third in terms of deaths (2,641, 8% deaths), and fourth in terms of new cases (8,448 cases). Breast cancer costs are about 80% of those for NMSC. Lung cancer accounts for the largest number of cancer deaths (6,393, 19% deaths), has approximately the same number of new cases as deaths (6,911), and ranks fifth in terms of costs (\$107 million).

Unlike most other disease groups, hospital inpatient expenditure accounts for the majority (over 70%) of the estimated health system costs of cancer. Medical service costs outside hospitals account for a further 14%, followed by research (4%), public health programs (4%) and pharmaceutical costs (3%).

Overall, health system treatment costs for cancers are estimated to be 14% higher for females than males. Health system costs for cancer rise with age, peaking in the 45–64 year age group for females and the 65–74 year age group for males, and then decline at older ages. Forty-five per cent of total health system costs of cancer relate to people aged 65 years and over, with a further 33% relating to people aged 45–64 years. Less than 3% of all cancer costs relate to children aged 0–14 years.

Estimated lifetime treatment costs for invasive cancers vary enormously, from around \$58,000 per leukemia to less than \$3,000 for melanomas and other skin cancers. The average lifetime treatment cost per new case of invasive cancer (excluding NMSC) is estimated to be around \$17,000.

The aim of this report has been to provide the best possible estimates of the health system resources directed at the prevention and treatment of cancer to assist in understanding the allocation of resources among the population, across different health sectors, and different cancers. Such information will assist in considering a variety of equity, access and utilisation issues in relation to the use of scarce health care resources.

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